

23rd International Self-Transcendence Marathon Swim

Sunday, August 8th 2010 – Entry Form Solo Swimmer

- Male Female
 Solo swim Solo swim, wetsuit category

Name (of the solo swimmer) **First name**

Street/no. Postcode/city

Tel Fax Country

Nationality Occupation Club

Body height Body weight Date of Birth

E-mail T-shirt (included in the entry fee): S M L XL

Average speed for 26 km: _____ km/h

Expected finishing time: _____

- Boat I need a boat with captain (Fr. 220.– / € 150.–)
 I can bring two helpers who would like to row a rowing boat or who would like to paddle a kajak
(we will provide the boats, same price Fr 220.– / € 150.–).
 I have my own boat (please send a picture of the boat and the address of the captain).

Special requests:

Helpers I will bring _____ helper(s) on the boat, max. 2 people (limited space – small boats!)
I will bring _____ friends who will stay on land

Phone number of the mobile phone which you will take on your boat: _____

- I confirm that I will complete in the year 2010 a training in open water (**max. 20°C**) of at least 5 hours or 14 km.
 I confirm that I am able to swim for at least 6 hours at a minimum speed of 2,7 km/h. (Please be aware that this is the minimum speed to make the halfway cutoff and the final cutoff.)

Please write to us about your previous swimming and sport experiences and send a photo of yourself.

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- I would like to order _____ DVD of the Marathon Swim 2010 (Fr. 35.– / € 20.– incl. postage)

*I hereby expressly release the organizers and staff of the Sri Chinmoy Marathon Team from any liability.
I confirm that I am physically fit and that I have sufficient insurance coverage.*

Date and place Signature

(Parents must sign for swimmers under 18 years).



Send your entry from Dec. 1st 2009 – May 31st 2010 to:
Sri Chinmoy Marathon Team, Postfach 76, 5420 Ehrendingen, Switzerland
Entry forms are only accepted by post from Dec. 1st 2009 – May 31st 2010.
Limited starting places – first come, first serve!

23rd International Self-Transcendence Marathon Swim

Sunday, August 8th 2010 – Entry Form Relay team

Relay team Relay team, wetsuit category

Team name

Name of the team leader

First name

Street/no. _____ Postcode/city _____
Tel. _____ Fax _____ Country _____
Nationality _____ Club _____ Date of Birth _____
E-mail _____ T-shirt (included in the entry fee): S M L XL

Expected finishing time: _____ Please be aware that your team must be able to swim a minimum speed of 2,7 km/h to make the cutoffs.

Boat I need a boat with captain (Fr. 220.– / € 150.–)
 I have my own boat (please send a picture of the boat and the address of the captain).
Special requests _____

Helpers I will bring _____ helper on the boat, max. 1 person (limited space – small boats!)
I will bring _____ friends who will stay on land

Phone number of the mobile phone which you will take on your boat: _____

I would like to order _____ DVD of the Marathon Swim 2010 (Fr. 35.– / € 20.– incl. postage)

I hereby expressly release the organizers and staff of the Sri Chinmoy Marathon Team from any liability.

I confirm that I am physically fit and that I have sufficient insurance coverage.

Date and place _____ Signature _____
(Parents must sign for swimmers under 18 years).

2nd Team swimmer

Name _____ First name _____ Date of Birth _____
Street/no. _____ Postcode/city _____
Tel. _____ Fax _____ Country _____
Nationality _____ Club _____ E-mail _____

I would like to order _____ DVD of the Marathon Swim 2010 (Fr. 35.– / € 20.– incl. postage). T-shirt: S M L XL

I hereby expressly release the organizers and staff of the Sri Chinmoy Marathon Team from any liability.

I confirm that I am physically fit and that I have sufficient insurance coverage.

Date and place _____ Signature _____
(Parents must sign for swimmers under 18 years).

3rd Team swimmer

Name _____ First name _____ Date of Birth _____
Street/no. _____ Postcode/city _____
Tel. _____ Fax _____ Country _____
Nationality _____ Club _____ E-mail _____

I would like to order _____ DVD of the Marathon Swim 2010 (Fr. 35.– / € 20.– incl. postage). T-shirt: S M L XL

I hereby expressly release the organizers and staff of the Sri Chinmoy Marathon Team from any liability.

I confirm that I am physically fit and that I have sufficient insurance coverage.

Date and place _____ Signature _____
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