

28th International Self-Transcendence Marathon Swim

Sunday, July 26th 2015 – Entry Form Solo Swimmer

☐ Male ☐ Female ☐ without wetsuit ☐ with wetsuit

☐ I participated in the race in the year(s): _____ / _____ / _____ / _____ / _____ / _____

☐ I applied but did not get a place in the year(s): _____ / _____ / _____ / _____ / _____

☐ This is the first time I apply for the Marathon Swim.

Name _____ **First name** _____

Street/no. _____ Postcode _____ City _____

Tel _____ Date of Birth _____ Country _____

Nationality _____ Occupation _____ Club _____

E-mail _____ T-shirt (included in the entry fee): ☐ S ☐ M ☐ L ☐ XL ☐ XXL

Average speed for 26 km: _____ km/h

Expected finishing time: _____ (Calculate with 30km. Most of the swimmers were slower as their given target time!)

My current personal best for 1 km: _____ min.

Boat ~~☐ I need a boat with captain (CHF 220.-)~~
~~☐ I can bring two helpers ☐ who can row a rowing boat or ☐ who can paddle a kajak~~
~~(we will provide the boats, same price CHF 220.-)~~
☐ I have my own boat. IMPORTANT! Read the informations "Own boat".

Special requests for the boat: _____

Helpers I will bring _____ helper(s) on the boat, max. 2 people (limited space – small boats!)

I will bring _____ friends who will stay on land

Phone number of the mobile phone which you will take on your boat: _____

☐ I confirm that I will complete in the year 2015 a training in open water (**max. 20°C**) of at least 5 hours or 14 km.

☐ I confirm that I am able to swim for at least 6 hours at a minimum speed of 2,8 km/h.

Please write about your swimming background. Since how many years are you doing swim training? What is your training volume in km per week/year? Which long distance (openwater) races have you done?

I would like to order _____ DVD of the Marathon Swim (CHF 35.- incl. postage).

My total entry fee in CHF (Swiss Franc): Solo swimmer: 190.- + ~~(Boat 220.-)~~ + (_____ DVD à 35.-) =



Please fill out this form on the computer and email it or print it, fill it out by hand and send it by fax.

Send it latest until November 15th, 2014

Email: marathonswim@srichinmoyraces.ch

Fax: +41 56 496 01 54

28th International Self-Transcendence Marathon Swim

Sunday, July 26th 2015 – Entry Form Relay team

☐ without wetsuit ☐ with wetsuit

☐ I (we) participated in the race in the year(s): _____ / _____ / _____ / _____ / _____ / _____

☐ I (we) applied but did not get a place in the year(s): _____ / _____ / _____ / _____ / _____

☐ This is the first time we apply for the Marathon Swim.

Team name

Name of the team leader

First name

Street/no. _____ Postcode _____ City _____

Tel. _____ E-mail _____ Country _____

Nationality _____ Club _____ Date of Birth _____

My current personal best for 1 km: _____ min. T-shirt (included in the entry fee): ☐ S ☐ M ☐ L ☐ XL ☐ XXL

Expected finishing time: _____ **Please be aware that your team must be able to swim a minimum speed of 2,8 km/h to make the cutoffs.**

Boat ☐ ~~We need a boat with captain (CHF 220.-)~~
☐ We have our own boat. Important! Read the informations "Own boat".

~~Special requests for the boat~~

Helpers We will bring _____ helper on the boat, max. 1 person (limited space – small boats!)

Phone number of the mobile phone which you will take on your boat: _____

We would like to order _____ DVD of the Marathon Swim (CHF 35.- incl. postage).

Our total entry fee in CHF (Swiss Franc): Team: 290.- + ~~(Boat 220.-)~~ + (_____ DVD à 35.-) =

2nd Team swimmer

Name _____ First name _____ Date of Birth _____

Nationality _____ City of residence _____ Country of residence _____

Tel. _____ E-mail _____ Club _____

My current personal best for 1 km: _____ min. T-shirt (included in the entry fee): ☐ S ☐ M ☐ L ☐ XL ☐ XXL

3rd Team swimmer

Name _____ First name _____ Date of Birth _____

Nationality _____ City of residence _____ Country of residence _____

Tel. _____ E-mail _____ Club _____

My current personal best for 1 km: _____ min. T-shirt (included in the entry fee): ☐ S ☐ M ☐ L ☐ XL ☐ XXL



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