

# 30<sup>th</sup> Sri Chinmoy Marathon Swim

## Sunday, August 6<sup>th</sup> 2017 – Entry Form Solo Swimmer

Male  Female

with wetsuit  without wetsuit (you have to be able to swim in 19°C cold water, category change before the race is not possible)

I participated in the race in the year(s): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

I applied but did not get a place in the year(s): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

This is the first time I apply for the Marathon Swim.

**Name** \_\_\_\_\_ **First name** \_\_\_\_\_

Street/no. \_\_\_\_\_ Postcode \_\_\_\_\_ City \_\_\_\_\_

Tel \_\_\_\_\_ Date of Birth \_\_\_\_\_ Country \_\_\_\_\_

Nationality \_\_\_\_\_ Occupation \_\_\_\_\_ Club \_\_\_\_\_

E-mail \_\_\_\_\_ T-shirt (included in the entry fee):  S  M  L  XL  XXL

Average speed for 26 km: \_\_\_\_\_ km/h

Expected finishing time: \_\_\_\_\_ (Calculate with 30km. Most of the swimmers were slower as their given target time!)

My current personal best for 1 km: \_\_\_\_\_ min.

Boat  I need a boat with captain (CHF 220.–)  
 I can bring two helpers  who can row a rowing boat or  who can paddle a kajak  
(we will provide the boats, same price CHF 220.–).  
 I have my own boat. IMPORTANT! Read the informations "Own boat".

Special requests for the boat: \_\_\_\_\_

Helpers I will bring \_\_\_\_\_ helper(s) on the boat, max. 2 people (limited space – small boats!)

Phone number of the mobile phone which you will take on your boat: \_\_\_\_\_

I confirm that I will complete in the year 2017 a training in open water (**max. 19°C**) of at least 5 hours or 14 km.

I confirm that I am able to swim for at least 6 hours at a minimum speed of 2,8 km/h.

By registering, I assure you that I am healthy and in a sufficient training condition. I confirm that I have an accident insurance. I participate at the Marathon Swim on my own risk, responsibility and danger. I release the Sri Chinmoy Marathon Team in case of severe weather, accident or illness from all liability claims.

Please write about your swimming background. Since how many years are you doing swim training? What is your training volume in km per week/year? Which long distance (openwater) races have you done?

I would like to order \_\_\_\_\_ DVD of the Marathon Swim (CHF 35.– incl. postage).

My total entry fee in CHF (Swiss Franc): Solo swimmer: 190.– + (Boat 220.–) + ( \_\_\_\_\_ DVD à 35.–) =



Please fill out this form on the computer and email it or print it, fill it out by hand and send it by fax. Send it latest until November 15<sup>th</sup>, 2016  
Email: [marathonswim@srchinmoyraces.ch](mailto:marathonswim@srchinmoyraces.ch); Fax: +41 56 496 01 54

# 30<sup>th</sup> Sri Chinmoy Marathon Swim

## Sunday, August 6<sup>th</sup> 2017 – Entry Form Relay team

without wetsuit     with wetsuit

I (we) participated in the race in the year(s): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

I (we) applied but did not get a place in the year(s): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

This is the first time we apply for the Marathon Swim.

### Team name

#### Name of the team leader

#### First name

Street/no.

Postcode

City

Tel.

E-mail

Country

Nationality

Club

Date of Birth

My current personal best for 1 km: \_\_\_\_\_ min.

T-shirt (included in the entry fee):  S    M    L    XL    XXL

Expected finishing time: \_\_\_\_\_ **Please be aware that your team must be able to swim a minimum speed of 2,8 km/h to make the cutoffs.**

Boat     We need a boat with captain (CHF 220.–)

We have our own boat. Important! Read the informations "Own boat".

Special requests for the boat

Helpers    We will bring \_\_\_\_\_ helper on the boat, max. 1 person (limited space – small boats!)

Phone number of the mobile phone which you will take on your boat: \_\_\_\_\_

**We would like to order \_\_\_\_\_ DVD of the Marathon Swim (CHF 35.– incl. postage).**

**Our total entry fee in CHF (Swiss Franc): Team: 290.– + (Boat 220.–) + ( \_\_\_\_\_ DVD à 35.–) =**

### 2<sup>nd</sup> Team swimmer

Name

First name

Date of Birth

Nationality

City of residence

Country of residence

Tel.

E-mail

Club

My current personal best for 1 km: \_\_\_\_\_ min.

T-shirt (included in the entry fee):  S    M    L    XL    XXL

### 3<sup>rd</sup> Team swimmer

Name

First name

Date of Birth

Nationality

City of residence

Country of residence

Tel.

E-mail

Club

My current personal best for 1 km: \_\_\_\_\_ min.

T-shirt (included in the entry fee):  S    M    L    XL    XXL



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**Email: marathonswim@srchinmoyraces.ch; Fax: +41 56 496 01 54**